

CURRICULUM VITAE

FOR

VATANPARAST, Hassanali

College of Pharmacy and Nutrition/  
School of Public Health

[vatan.h@usask.ca](mailto:vatan.h@usask.ca)

1. PERSONAL:

Date of Birth: September 4, 1967

2. ACADEMIC CREDENTIALS:

Doctorate in Medicine, Mashhad University, Mashhad, Iran, 1987-1994  
Ph.D. in Nutrition, College of Pharmacy and Nutrition, University of Saskatchewan,  
2002-2006

3. OTHER CREDENTIALS:

Nil

4. APPOINTMENT(S) and PROMOTIONS (U of S)

Associate Professor, College of Pharmacy and Nutrition and School of Public Health, 2013-

Assistant Professor, College of Pharmacy and Nutrition and School of Public Health, 2008-

Member, College of Graduate Studies and Research, 2009-

5. ASSOCIATE MEMBERSHIPS:

Research Affiliate and Member of Adjudication Committee, Prairie Metropolis Centre,  
February 2009-

Associate Faculty Member, Department of Community Health and Epidemiology, College  
of Medicine, University of Saskatchewan, January 2009-

6. LEAVES:

Nil

VATANPARAST, Hassanali

## 7. HONOURS (MEDALS, FELLOWSHIPS, PRIZES):

Medical Student National Award for Excellence (Iran), 1994  
 The McLeod Award, University of Saskatchewan, Canada, 2003  
 Life Science Research Conference, Second Place Award in Category of Food Science  
 Nutrition, University of Saskatchewan, 2004  
 University of Saskatchewan Graduate Award, 2004-2006  
 University of Saskatchewan and President's Travel Awards, 2005, 2006  
 Nominated to Attend and Present at CIHR National Health Research Poster Competition,  
 Winnipeg, 2006  
 Postdoctoral Research Fellow, College of Kinesiology, University of Saskatchewan (the  
 fellowship awarded by the Saskatchewan Health Research Foundation), 2006-2008  
 CIHR Strategic Plan on Skeletal Health Post-doctoral Fellowship Award, 2006 (declined)  
 The NIH Young Investigator Award, 4<sup>th</sup> International Congress on Children's Bone Health,  
 Montreal, Canada, June 2007  
 Health and Life Science Research Conference (First Place Award in Category of Clinical  
 Diseases and Diagnostic Methods), University of Saskatchewan 2007  
 Top Researcher Award, Top Postdoctoral Fellowship Award in Socio-Health Research  
 Category, Saskatchewan Health Research Foundation, 2006-2007  
 Third Place, 2nd Annual Conference of Exercise Physiologists of Western Canada, 2008

## 8. PREVIOUS POSITIONS RELEVANT TO U of S EMPLOYMENT:

Medical Advisor, Khorasan Bio-medical Engineering Research Center, 1993-1995  
 Field Epidemiologist, Kashmar Health Region, Mashhad University of Medical Sciences  
 (MUMS), 1994-1995  
 Director, Samen al Aemeh Hospital, Chenaran, MUMS, 1996  
 Emergency Ward Physician, Samen al Aemeh Hospital, Chenaran, MUMS, 1997-2001  
 Director of Chenaran Health Region, MUMS, 1997-2000  
 Chair, Managing Board, Shafatoos Health Service Cooperative Company, 2000-2001  
 Director of Non-Communicable Diseases Prevention and Control Department, Khorasan  
 Province Health Center, MUMS, 2001-2002  
 Research Associate, College of Pharmacy and Nutrition, University of Saskatchewan, August  
 2006-December 2008

## 9. TEACHING RECORD:

1012-2013  
 NUTR 898 Vitamin D and Autoimmune disease  
 NUTR 350.3 - Community Nutrition (50%)  
 NUTR 310.3 - Food, Culture and Nutrition (50%)  
 PUBH 803.3 - Health Promotion (on-line graduate course, School of Public Health)  
 2011-2012  
 NUTR 310.3 - Food, Culture and Nutrition (50%)

NUTR 350.3 - Community Nutrition (50%)  
NUTR 811.3 - Advances in Public Health Nutrition  
NUTR 898.3 - Healthcare System and Migration  
PUBH 803.3 - Health Promotion (on-line graduate course, School of Public Health)

2010-2011

NUTR 310.3 - Food, Culture and Nutrition (50%)  
NUTR 350.3 - Community Nutrition (50%)  
NUTR 898.3 - Healthcare System and Migration  
PUBH 803.3 - Health Promotion (on-line graduate course, School of Public Health)

2009-2010

NUTR 310.3 - Food, Culture and Nutrition (50%)  
NUTR 350.3 - Community Nutrition (50%)  
NUTR 811.3 - Advances in Public Health Nutrition  
NUTR 898.3 - Nutrition and Health Issues among Immigrants  
PUBH 803.3 - Health Promotion (on-line graduate course, School of Public Health)

2008-2009

NUTR 811.3 - Advances in Public Health Nutrition (development of course)  
PUBH 803.3 - Health Promotion (developed and taught on-line graduate course, School of Public Health)

Prior to University of Saskatchewan Appointment:

NUTR 898.3 - Special Topics "Dietary Assessment and Nutrition Epidemiology", 2006-2008  
Developing and Providing lectures in Selected Nutrition Courses (NUTR 321, 310 and 425)  
College of Pharmacy and Nutrition, U of S (2003-2007)

Mentoring Research Project for Senior Undergraduate Students in Nutrition – the Main  
Project Title: "The Additive Effects of Conjugated Linoleic Acid, Creatine  
Monohydrate, and Protein Supplementation for Increasing Muscle Mass and  
Muscular Strength", Colleges of Pharmacy and Nutrition, and Kinesiology,  
University of Saskatchewan, 2005-2006 and 2007-2008

Supervising 3 Summer Research Students, College of Pharmacy and Nutrition, University of  
Saskatchewan 2003-2006

Teaching Assistant (Laboratory Demonstration and Marking) in NUTR 221, 321, 310 and  
425 Courses, College of Pharmacy and Nutrition, University of Saskatchewan,  
2003-2005

Teaching Health Promotion to Senior Medical Students at MUMS, Iran, 1999-2001

Mentoring and Coordinating Community Health Internship Program for Senior Medical  
Students, MUMS, Iran, 1996-2001

Teaching Health System Research Methodology to Senior Medical Students at MUMS, Iran,  
1996-2001

Teaching "Continuous Quality Improvement (CQI) in Health Care System" for Health Professionals at the Chenaral Health District, MUMS, 1996-2001  
Teaching human anatomy (head and neck, trunk, extremities) in the College of Medicine, Mashhad Azad University and Semnan Azad University, 1987-1994

10. THESES SUPERVISED:

Wemi Jayeoba (Supervisor, M.Sc. Student in Community Health and Epidemiology), January 2013-

Thesis Project: Food security, its determinants and association with chronic diseases in Canada, Saskatchewan.

Elham Zeininezhad-Movasassgh (Supervisor, Ph.D. Student in Nutrition, September 2012-  
Thesis Project: Impact of nutrition on bone from childhood to adulthood

Dania Alrefai (Supervisor, M.Sc. Student in Nutrition), January 2012-

Thesis Project: Vitamin D and Disease Activity in Inflammatory Bowel Diseases

Ginny Lane (Supervisor, Ph.D. Student in Nutrition), May 2011-

Thesis Project: Healthy Immigrant Children

Busola Adelugba (Co-supervisor, Ph.D. Student in Vaccine and Immunotherapy Program, School of Public Health), February 2011-

Thesis Project: Primary Health Assessment and Immunization in Government Assisted Refugees

Jennifer Waygood (Co-supervisor, M.Sc. Student in Community Health and Epidemiology), September 2010-

Thesis Project: Healthcare system and Newcomer Immigrants and Refugees

Zohreh Setayeshgar (Co-supervisor, Ph.D. Student in Nutrition), September 2010-

Thesis Project: The Association Between Beverage Consumption of Canadians and Risk of Metabolic Syndrome and Associated Risks

Fagner Serrano (Co-supervisor, M.Sc. Candidate in Nutrition), May 2010-(discontinued his education in March 2011)

Thesis Project: Food Security Status of Immigrants

Christine Nisbet (Supervisor, M.Sc. Candidate in Nutrition), September 2009-2011

Thesis Project: Nutrition and Health Issues among Newcomer Immigrant/Refugee Children

Adrienne Danyliw (Co supervisor, M.Sc. Candidate in Nutrition), September 2008-June 2011  
Thesis Project: The Role of Beverage Intake on Obesity among Canadian Children

Nooshin Nikpartow (Co supervisor, M.Sc. Candidate in Community Health and Epidemiology, January 2008-June 2011  
Thesis Project: The Role of Beverage Intake on Obesity among Canadian Adults

POSTDOCTORAL FELLOWS:

Naghmeh Mirhosseini (Co-supervising along with Dr. Lynn Weber)  
Research Project: Bone and Arterial Mineralization in Vitamin D Excess Versus Deficiency  
Funding: CIHR THRUST, Canadian Light Source, \$20,000, 2012-

ACADEMIC SUPERVISOR:

Shirley Sarfo, MPH Student at the School of Public Health, University of Saskatchewan, September 2012-

Dorah Conteh, MPH Student at the School of Public Health, University of Saskatchewan, September 2012-

Keisha Sharp, MPH Student at the School of Public Health, University of Saskatchewan, September 2012-

Tokarchuk, Kelly, MPH Student at the School of Public Health, University of Saskatchewan, September 2012-

Heather L. Gagnon, MPH Student at the School of Public Health, University of Saskatchewan, 2012-  
Practicum Project: Food Security in Saskatchewan

Stanley Enebeli, MPH Student at the School of Public Health, University of Saskatchewan, 2011-  
Practicum Project: Assessing the Links between Drinking Water and Health on First Nations Reserves: Groundwater Quality and Potential Sources of Contamination

Jillian D. Code, MPH Student at the School of Public Health, University of Saskatchewan, 2011-  
Practicum Project: Revisiting the Health Equity Evidence, Saskatoon Health Region, Public Health Observatory

Yanlei Zhu, MPH Student at the School of Public Health, University of Saskatchewan, 2011-  
Practicum Project: Falls Injury Among Immigrant Seniors (The Case of Chinese  
Ethnic Group)

Lin Yan, MPH Student at the School of Public Health, University of Saskatchewan, 2010-  
Practicum Project: Data Quality Assessment for the Resident Assessment  
Instrument Minimum Data Set Version 2.0 (RAI-MDS 2.0)

Riley Glew (Supervisor, MPH thesis-based stream student, School of Public Health), January  
2010-2011  
Thesis Project: Social Determinants of Diabetes and Barriers Toward  
Equitable Healthcare Services in Diabetic Patients in Canada

Genevieve Braganza, MPH Student at the School of Public Health, University of  
Saskatchewan, 2010-  
Research Project: Evaluating Dental Health Status of at Risk Population in  
Saskatoon

Kevin Linn, MPH Student at the School of Public Health, University of Saskatchewan, 2009-  
Research Project: Evaluating Saskatoon in Motion Program

#### FIELD SUPERVISOR

Kirandeep Kaur, MPH Student at the School of Public Health, University of Saskatchewan,  
April 2013-  
Practicum Project: Oral Health Status of Newcomer Immigrant and Refugees in  
Saskatchewan

Manpreet Kaur Deol, MPH Student at the School of Public Health, University of  
Saskatchewan, April 2013-  
Practicum Project: Evaluating the efficacy of LINK project in improving cultural  
competency skills in dietetic students as well as nutritional status of families

Hamza Jafri, MPH student at the School of Public Health, University of Saskatchewan,  
April 2013-  
Practicum Project: Voices in Vision, Empowering Newcomer immigrant and refugee  
youth toward food security

Peter Anagbogu, MPH Student at the School of Public Health, University of Saskatchewan,  
April 2013-  
Practicum Project: An evaluation of Immigrant and Refugee Health Committee activities  
at the College of Medicine, U of S

Tokarchuk, Kelly, MPH Student at the School of Public Health, University of Saskatchewan,  
April 2013-  
Practicum Project: Challenges and opportunities in online MPH program across  
North America

ADVISORY COMMITTEE MEMBER:

Mojtaba Kaviani, Ph.D. Student in Kinesiology, College of Kinesiology, University of  
Saskatchewan, September 2011-  
Ha Le, Ph.D. Student in Epidemiology, Department of Community Health and Epidemiology,  
January 2011-  
Jesse Macmurry, Ph.D. Student in the Department of Community Health and Epidemiology,  
January 2011-  
Penny Yang, M.Sc. Candidate in Nutrition, University of British Columbia, September 2010-  
Leila Bahrami, Ph.D. Candidate in Kinesiology, September 2009-  
Rajesh Thakur, Ph.D. Candidate in Nutrition, September 2009-  
Scarlett Ewen, M.Sc. Candidate in Nutrition, January 2009-2012

EXTERNAL EXAMINER:

Thu Trang Pharm, M.Sc. Candidate in Nutrition (Supervisor: Dr. Hope Weiler, McGill  
University), 2012  
Thesis Title: Vitamin D Status of Immigrant and Ethnic Minority Children Ages 2-5 y  
in Montreal  
Nana Bonsu, M.Sc. Candidate in Kinesiology (Supervisor, Dr. Shanti Jonson, Faculty of  
Kinesiology and Health Studies, University of Regina), June 2010-  
Thesis Title: The Effects of Inulin-based Fibre Supplementation on Serum Glucose  
and Lipid Concentration of Individuals with Type 2 Diabetes

PROJECT MENTOR:

Food security and malnutrition group, Year 2 Medical students, Summer 2011

Immigration and Health Group, Year 2 Medical Students (evaluating the health status of  
immigrants), January 2009, January 2010

Honors Students' Projects

Camille Mazieres, Dietetic Intern from University of Artois, France, March 2013-  
Research project: Beverage consumption and risk of obesity among newcomer  
refugee children in Saskatchewan

Carly Phinney, Research Project: September 2013

Research Project : An Evaluation of Linking Immigrants with Nutrition Knowledge (LINK) Project

Nikole Janzen, Research Project: June 2012-  
Research Project : An Evaluation of Linking Immigrants with Nutrition Knowledge (LINK) Project Voice and Vision, Perception and Immigrant and Refugee Youth of Food Environment

Garrett Neil, Research Project: Trends in Availability of Beverages for Consumption over the Last Four Decades in Canada and the US

11. BOOKS, CHAPTERS IN BOOKS, EXPOSITORY AND REVIEW ARTICLES:

V. Lane and H. Vatanparast, 2013. Health Status of New Canadian Children: From Research to Policy. In: K.M. Kilbirde, ed., Immigrant Integration: Research Implication for Future Policy. Canadian Scholars' Press Inc. *In Press*

S. Ewen and H. Vatanparast, 2013. Current Mandatory Fortificants in Developed Nations compared to Developing Nations. In: V.R. Preedy, ed., Handbook of Food Fortification and Health: From Concepts to Public Health Applications, New York: Springer Science and Business Media, Inc.,

S.J. Whiting and H. Vatanparast, 2010. Functional Foods and Osteoporosis. In Functional Foods: Concept to Product 2e, edited by Dr. Maria Saarela, Woodhead Publishing.

H. Vatanparast and S. Whiting, 2009. The impact of Food and Nutrient Intake on Bone from Childhood to Early Adulthood, VDM Verlag Dr. Muller Inc., Saarbrucken, Germany.

H. Vatanparast and S. Whiting, 2007. Beverage Consumption in Children and the Health Consequences: an Alarming Trend. In: Carter LV, ed. Child Nutrition Research Advances, Hauppauge NY: Nova Science Publishers, Inc, p. 89-110.

ACCEPTED:

Nil

12. PAPERS IN REFEREED JOURNALS:

PUBLISHED:

Duckham R, Baxter-Jones A, Johnston J, Vatanparast H, Cooper D, Kontulainen S. Does physical activity in adolescence have site and sex specific benefits on young adult



- bone size, content and estimated strength? *J Bone Miner Res.* 2013 Aug 1. doi: 10.1002/jbmr.2055.
- Sabbagh Z, Markland J, Vatanparast H. Vitamin D status is associated with disease activity among rheumatology outpatients. *Nutrients.* 2013 Jun 26;5(7):2268-75. doi: 10.3390/nu5072268.
- Setayeshgar S, Whiting SJ, Vatanparast H. Prevalence of 10-year risk of cardiovascular diseases and associated risks in Canadian adults: the contribution of cardiometabolic risk assessment introduction. *Int J Hypertens.* 2013;2013:276564.
- Vatanparast H, Nisbet C, Gushulak B. Vitamin D insufficiency and bone mineral status in a population of newcomer children in Canada. *Nutrients.* 2013 May 14;5(5):1561-72. doi: 10.3390/nu5051561.
- Setayeshgar S., Whiting, S. J., Vatanparast H (2012). *Metabolic Syndrome in Canadian Adults and Adolescents: Prevalence and Associated Dietary Intake.* Published in *ISRN Obesity Vol.* 2013.
- Chilibeck PD, Vatanparast H, Pierson R, Case A, Olatunbosun O, Whiting SJ, Beck TJ, Pahwa P, Biem HJ. Effect of exercise training combined with isoflavone supplementation on bone and lipids in postmenopausal women: A randomized clinical trial. *J Bone Miner Res.* 2013 Apr;28(4):780-93. doi: 10.1002/jbmr.1815.
- Nikpartow N, Danyliw AD, Whiting SJ, Lim HJ, Vatanparast H. Beverage consumption patterns of Canadian adults aged 19 to 65 years. *Public Health Nutr.* 2012 Dec;15(12):2175-84. doi: 10.1017/S1368980012003898. Epub 2012 Aug 29.
- Bennett CB, Chilibeck PD, Barss T, Vatanparast H, Vandenberg A, Zello GA. Metabolism and performance during extended high-intensity intermittent exercise after consumption of low- and high-glycaemic index pre-exercise meals. *Br J Nutr.* 2012 Aug;108 Suppl 1:S81-90. doi: 10.1017/S0007114512000840.
- Abeysekara S, Chilibeck PD, Vatanparast H, Zello GA. A pulse-based diet is effective for reducing total and LDL-cholesterol in older adults. *Br J Nutr.* 2012 Aug;108 Suppl 1:S103-10. doi: 10.1017/S0007114512000748
- N. Nikpartow, A. Danyliw, S. Whiting, H. Lim and H. Vatanparast, 2012. *Fruit Drink Consumption is Associated with Overweight and Obesity in Canadian Women, Canadian Journal of Public Health, 103(3), 178-182.*

- A.D. Danyliw, H. Vatanparast, N. Nikpartow and S.J. Whiting, 2012. Beverage Patterns among Canadian Children and Relationship to Overweight and Obesity, Appl. Physiol. Nutr. Metab., June 14 (Epub ahead of print).
- J. Burr, R. Shephard, S. Cornish, H. Vatanparast and P. Chilibeck, 2012. Arthritis, Osteoporosis and Low Back Pain: Evidence-based Clinical Risk Assessment for Physical Activity and Exercise Clearance, Can. Fam. Physician, 58(1), 59-62, January.
- A.D. Danyliw, H. Vatanparast, N. Nikpartow and S.J. Whiting, 2011. Beverage Intake Patterns of Canadian Children and Adolescents, Public Health Nutrition, 14(1), 1961-1969, November.
- P.D. Chilibeck, H. Vatanparast, S.M. Cornish, S. Abeysekara and S. Charlesworth, 2011. Evidence-based Risk Assessment and Recommendations for Physical Activity: Arthritis, Osteoporosis and Low Back Pain (this paper is one of a selection of papers published in the Special Issue entitled, "Evidence-based Risk Assessment and Recommendations for Physical Activity Clearance and has undergone the Journal's usual peer-review process), Appl. Physiol. Nutr. Metab., 36(1), S49-79, July.
- S. Whiting, K. Langlois, H. Vatanparast and L. Greene-Finestone, 2011. The Vitamin D Status of Canadians relative to the new Dietary Reference Intakes: Are Supplements necessary to Achieve 25 Hydroxyvitamin D Levels of 50 nmol/L in Children and Adults?, American Journal of Clinical Nutrition, epub May.
- S. Whiting, K. Langlois, H. Vatanparast and L. Greene-Finestone, 2011. The Vitamin D Status of Canadians Relative to the new Dietary Reference Intakes: Are Supplements Necessary to Achieve 25 Hydroxyvitamin D Levels of 50 nmol/L in Children and Adults?, American Journal of Clinical Nutrition, epub May.
- H. Vatanparast and S. Whiting, 2010. Role of Vitamin and Mineral Supplements in Nutrient Intakes of Canadians and its Determinants, Health Reports, 21(4), 1-8.
- H. Vatanparast T. Green, M. Calvo and S.J. Whiting, 2010. Despite Mandatory Fortification of Staple Foods, Vitamin D Intakes and Canadian Children and Adults are Inadequate, The Journal of Steroid Biochemistry and Molecular Biology, 121(1-2), 301-303.
- S. Whiting, H. Vatanparast, J. Taylor and J.L. Adolphe, 2010. Barriers to Use of Vitamin and Mineral Supplements are Similar to those for Healthy Eating in Lower Income Adults, Canadian Journal of Dietetic Practice and Research, 71(2), 70-76.
- H. Vatanparast, A. Baxter-Jones, D. Bailey and S. Whiting, 2010. Calcium Requirements for Bone Growth in Canadian Boys and girls during Adolescence, British Journal of Nutrition, February, 103(4), 575-580.

- H. Vatanparast and S. Whiting S, 2010. Role of Vitamin and Mineral Supplements in Nutrient Intakes of Canadians and its Determinants, Health Reports, Statistics Canada, 21(4), 1-8.
- S. Whiting, H. Vatanparast, J. Taylor and J.L. Adolphe, 2010. Barriers to Use of Vitamin and Mineral Supplements are Similar to those for Healthy Eating in Lower Income Adults, Canadian Journal of Dietetic Practice and Research, 71(2), 70-76.
- S.M. Cornish, P.D. Chilibeck, L. Paus-Jensen, H.J. Biem, T.T. Khozani, V. Senanayake, H. Vatanparast, J. Little and P. Pahwa, 2009. A Randomized Controlled Trial of the Effects of Flaxseed Lignan Complex on Metabolic Syndrome Risk and Bone Mineral in Older Adults, Applied Physiology, Nutrition and Metabolism, April, 34(2), 89-98.
- H. Vatanparast, J.H. Dolega-Cieszkowski and S. Whiting, 2009. Many Canadians are not Meeting Current Calcium Recommendations from Food Intake, Applied Physiology, Nutrition and Metabolism, 34(2), 191-196.
- A.T. Merchant, H. Vatanparast, S. Barlas, M. Dehghan, S.M. Shah and L. de Koning, 2009. Carbohydrate Intake and overweight/obesity Prevalence among Health Adult Canadians, The American Journal of Dietetic Association, 109, 1165-1172.
- H. Vatanparast, J. Little, S. Duff, D. Cornish, S. Cornish, L. Paus-Jensen, A. Case, H.J. Biem and P.D. Chilibeck, 2009. Association of DXA-derived Fat Mass Indices and Anthropometry with Blood Lipid Profile in Postmenopausal Women, Obesity (Silver Spring), [Epub ahead of print].
- S.M. Cornish, P.D. Chilibeck, L. Paus-Jensen, H.,J. Biem, T.T. Khozani, V. Senanayake, H. Vatanparast, L. Little and P. Pahwa, 2009. A Randomized Controlled Trial of the Effects of Flaxseed Lignan Complex on Metabolic Syndrome Risk and Bone Mineral in Older Adults, Appl. Physiol. Nutr. Metab., Apr 34(2), 89-98.
- A.T. Merchant, H. Vatanparast, S. Barlas, M. Dehghan, S.M. Shah and L. de Koning, 2009. Carbohydrate Intake and Overweight/obesity Prevalence among Healthy Adult Canadians, The American Journal of Dietetic Association, 109, 1165-1172.
- Z. Sabbagh and H. Vatanparast, 2009. Is Calcium Supplementation a Risk Factor for Cardiovascular Diseases in Older Women?, Nutrition Reviews, 67(2), 105-108.
- H. Vatanparast, S.J. Whiting, D.A. Bailey and A. Baxter-Jones, 2007. The Beneficial Effect of Dietary Protein on Bone Mineral Mass Is influenced by Habitual Dietary Calcium Intake in Young Adults Females, Journal of Nutrition, 137(12); 2674-9.

- H. Vatanparast and P. Chilibeck, 2007. Does the Effect of Soy Phytoestrogens on Bone in Postmenopausal Women depend on the Ability of Producing Equol?, Nutrition Reviews, 65, 6, 294-299.
- H. Vatanparast, E. Lo, C.J. Henry and S.J. Whiting, S.J., 2006. A Negative Trend in Calcium Intake within 15 years (1991-2004) was Accompanied by a Substitution of Milk by Non-carbonated Soft Drinks in Canadian Female Students, Nutrition Research, 26, 325-329.
- S. Whiting and H. Vatanparast, 2006. What's New in Nutrition? An Update since the 2002 Osteoporosis Canada Clinical Practice Guidelines, Osteoporosis Update, 10, 2,6-9.
- H. Vatanparast and S. Whiting, 2006. Calcium Supplementation Trials and Bone Mass Development in Children, Adolescents and Young Adults, Nutrition Reviews, 64, 204-209.
- H. Vatanparast, A. Baxter-Jones, R.A. Faulkner, D.A. Bailey and S.J. Whiting, 2005. The Positive Effects of Vegetable and Fruit Consumption and Calcium Intake on Bone Mineral Accrual of Boys During Growth from Childhood to Adolescence in the University of Saskatchewan Pediatric Bone Mineral Accrual Study, American Journal of Clinical Nutrition, 82(3), 700-706.
- S. Whiting and H. Vatanparast, 2005. Nutritional Interventions in Osteoporosis., Journal of Geriatrics & Aging, 8, 9,14-20.
- H. Vatanparast and S. Whiting, 2005. Adolescence, the Optimum Time to Maximize Bone Mass through Calcium and Vitamin D, The Whitehall-Robins Report, 14, 2.
- H. Vatanparast and S. Whiting, 2005. Knowledge Pathway on Osteoporosis, Practice-based Evidence in Nutrition, <http://www.dieteticsatwork.com/open/ViewPublicCurrentTopics.asp>.
- H. Vatanparast and S. Whiting, 2005. CME on Nutritional Interventions in Osteoporosis., Journal of Geriatrics & Aging, 8, Number 9, <http://cme.geriatricsandaging.ca/oct05a>.
- S.J. Whiting, H. Vatanparast, A. Baxter-Jones, R.A. Faulkner, R. Mirwald and D.A. Bailey, 2004. Factors that Affect Bone Mineral Accrual in the Adolescent Growth Spurt, Journal of Nutrition, 134, 696S-700S.
- H. Vatanparast and S. Whiting, 2004. Early Milk Intake, Later Bone Health: Results from Using the Milk History Questionnaire, Nutrition Reviews, 62, 256-260.

H. Vatanparast 2002. Prostate Cancer: Symptoms, Diet and Prevention, Behvarz Journal, 3, 20-22 (Iranian Ministry of Health and Medical Education).

ACCEPTED:

H. Setayeshgar, Whiting, S. J., Vatanparast H (2013). Prevalence of 10-year risk of cardiovascular diseases and associated risks in Canadian adults; the contribution of cardiometabolic risk assessment introduction. Submitted to the International Journal of Hypertension.

SUBMITTED:

G. Neil, R. Nasser, H. Vatanparast. Trends in availability of caloric beverages for consumption in Canada and the United States from 1972 to 2010. *First review*

13. PAPERS IN NON-REFEREED JOURNALS:

PUBLISHED:

H. Vatanparast,. Calcium Supplementation and Cardiovascular Risk Update  
Pifizer Consumer Nutrition and Health Report, March 2013

H. Vatanparast, 2011. Is There an Association between Calcium and Cardiovascular Diseases? An Update, PCNH-Report, 20, 3, September.

14. INVITED PAPERS IN PUBLISHED CONFERENCE PROCEEDINGS AND ABSTRACTS:

H. Vatanparast September 2013. Health Status of New Canadians, An Update. Global Health Conference, University of Saskatchewan, September 24-25, 2013

H. Vatanparast 2013. How healthy are new Canadians? Current evidence from research to policy. Western Consortium on Integration, Citizenship and Cohesion Conference. Calgary, March 8-10.

H. Vatanparast 2012. Health status of newcomers to Canada. Global Health Conference. University of Saskatchewan. Saskatoon, September 29-2012.

H. Vatanparast 2013. Linking Immigrants with Nutrition Knowledge. Dietitians Canada Educators Conference, Victoria BC, June 11, 2013

- H. Vatanparast, 2012. Calcium and Cardiovascular Disease: Review of Recent Reports, The Canadian Nutrition Society Annual Conference, Guelph ON, May 23-26.
- H. Vatanparast, 2012. Socio-economic Barriers toward Healthful Eating and Supplement Use in Canada, The Canadian Nutrition Society Annual Conference, Guelph ON, May 23-26.
- H. Vatanparast, 2012. Contribution of Milk to Overall Nutrient Intake for School-aged Children, School Nutrition Program National Conference, Montreal QC, May 11-12.
- H. Vatanparast, 2012. Vitamin D Status among Rheumatology Outpatients: Do we Take it Seriously?, Vitamin D Research Day, EndMS Research and Training Network, Vancouver BC, January 31.
- H. Vatanparast, 2012. Health and Nutrition Issues in Immigrant and Refugee Newcomer Children, 14<sup>th</sup> National Metropolis Conference, Toronto ON, February 29-March 3.
- H. Vatanparast, 2011. Food Security Status of Newcomer Families from Research to Intervention, A model for Collaboration between Research, Policy and Service Sectors, Prairie Metropolis Center, Edmonton AB, November.
- H. Vatanparast, 2011. Nutrition and Health Status among Newcomer Children, The Canadian Nutrition Society Annual Conference, Guelph ON, June 2-4.
- H. Vatanparast, 2010. Initiating a Study on Nutrition and Health Issues among Newcomer Children in Saskatchewan, Immigration Research Forum, Advanced Education, Employment and Immigration Ministry in Saskatchewan, Saskatoon SK, June.
- H. Vatanparast, 2009. Food Security Status of Saskatchewan Residents, Growing Together in Saskatchewan, Moose Jaw, October 2.
- H. Vatanparast, 2009. Health and Nutrition Issues among Newcomers, Prairies Metropolis Center Annual Workshop, Saskatoon, September 28.
- H. Vatanparast, J. Dolega-Cieszkowski and S. Whiting, 2009. Many Adult Canadians are not Meeting Current Calcium Recommendations from Food and Supplement Intake, Data from Canadian Nutrition Survey (1970-1972), Provincial Nutrition Surveys (1990s) and Canadian Community Health Cycle 2.2 (2004), Oral Presentation in the Second CCHS 2.2 Symposium, May 29, 2009, Quebec City, Proceedings of CCHS Symposium.
15. CONTRIBUTED PAPERS IN PUBLISHED CONFERENCE PROCEEDINGS AND ABSTRACTS:

- H. Vatanparast. 2013. How healthy are newcomer children in Canada? An evaluation of nutrition and health stats of newcomer children. North American Refugee Health Conference, June 6-8, Toronto. Oral presentation.
- N Mirhosseini, K Bohaychuk, S Knaus, H Vatanparast, G George, L Weber. Both vitamin D excess and deficiency increase blood pressure, but only excess increases arterial stiffness. CNS-SCN - 2013 Annual Meeting", May 30th-June 2nd, 2013, Quebec city, Quebec, Canada (Award competition).
- S Setayeshgar, SJ Whiting, H Vatanparast. Is dietary intake associated with abdominal obesity in Canadian adults and adolescents? "CNS-SCN - 2013 Annual Meeting", May 30th-June 2nd, 2013, Quebec city, Quebec, Canada (Oral Presentation).
- PHW Yang, JL Black, SI Barr, H Vatanparast. A Temporal Analysis of Canadian Dietary Choices Using the Canadian Community Health Survey Cycle 2.2: Does Nutrient Intake and Diet Quality Vary on Weekends Versus Weekdays? : Experimental Biology Conference 2013, Boston, MA, USA. (Award competition)
- H. Vatanparast (Workshop organizer, presenter), B. Newbold, M. Coke, G. Lane. 2013. Health Status of New Canadians: an Emerging Public Health Concern. 15 National Metropolis Conference. Ottawa March 14-16.
- S Setayeshgar, SJ Whiting, H Vatanparast. Is dietary intake associated with abdominal obesity in Canadian adults and adolescents? "20th Annual Life & Health Sciences Research Day" March 15t, 2013, University of Saskatchewan, Saskatoon, Canada.
- N Mirhosseini, K Bohaychuk, S Knaus, H Vatanparast, G George, L Weber. Both vitamin D excess and deficiency increase blood pressure, but only excess increases arterial stiffness. "52th Annual Meeting of Society of Toxicology" March 10-14, 2013, San Antonio, Texas ,Poster presentation.
- H. Vatanparast (Panel Chair and presenter), A. Falihi, A. Lahiji, C. Henry. 2013. Cultural competency and community health education: creating dialogue for cross-cultural and nutrition education in a multicultural community. The Hawaii International Conference on Education, USA, January 6-9 2013.
- H. Vatanparast, C. Henry, C. Phinney, S. Ewen, A. Falihi, M. Khakpour. Cultural competence in dietetics education: a service learning project in Saskatoon, Canada. The Hawaii International Conference on Education, USA, January 6-9. Poster presentation.
- S. Ewen, S. Berenbaum, H. Vatanparast. Food environment challenges faced by recent refugees to canada: the role of health education. The Hawaii International Conference on Education, USA, January 6-9. Poster presentation.

- N Mirhosseini, K Bohaychuk, H Vatanparast, G George, L Weber. Both vitamin D excess and deficiency increased blood pressure in rats feeding with different levels of vitamin D. "3rd Annual CIHR-THRUST retreat", November 2012, University of Saskatchewan, Saskatoon, Poster presentation.
- S Setayeshgar, SJ Whiting, H Vatanparast. Metabolic syndrome in Canadian adults and adolescents: prevalence and associated dietary intake. "CGSR Student Poster Competition" October 3rd, 2012, University of Saskatchewan, Saskatoon, Canada.
- S Setayeshgar, SJ Whiting, H Vatanparast. Abdominal obesity is associated with cardio-metabolic risk among Canadians. "3rd international conference on abdominal obesity" July 9-12, 2012, Quebec city, Quebec, Canada.
- C. Phinney, H. Vatanparast and C. Henry, 2012. The "Linking Immigrants with Nutrition Knowledge" Program, Live Well Optimizing Chronic Disease Management, Saskatoon SK, June.
- S. Setayeshgar, S.J. Whiting and H. Vatanparast, 2012. The Prevalence of Ethno-specific Abdominal Obesity in Canadian Adolescents and Adults and its Distribution among Metabolic Syndrome Components, 3<sup>rd</sup> Canadian Obesity Student Meeting, University of Alberta, Edmonton AB, June 20-23.
- S. Setayeshgar, S.J. Whiting and H. Vatanparast, 2012. Age-specific Prevalence of Metabolic Syndrome and the Distribution of its Components among Canadian Population, 3<sup>rd</sup> Saskatchewan Chronic Disease Prevention and Management Conference - Innovation and Impact: Prevention and Management of Chronic Disease (Poster Presentation), Delta Bessborough, Saskatoon SK, June 7-8.
- N Mirhosseini, H Vatanparast, G George, L Weber. Bone and Arterial Mineralization in Vitamin D Excess versus Deficiency. "Canadian Light Source Annual Users Meeting" May 2012, University of Saskatchewan, Poster presentation.
- C. Phinney, H. Vatanparast, C. Henry, M. Khakpour and A. Falihi, 2012. Cultural Competence in Dietetics Education: The Linking Immigrants with Nutrition Knowledge Pilot Project, Canadian Nutrition Society, Vancouver BC, May 23-26.
- S. Setayeshgar, S.J. Whiting and H. Vatanparast, 2012. Abdominal Obesity and high Consumption of Sugar-sweetened Beverages are Associated with the Risk of Elevated Atherogenic Plasma Lipids among Canadian Women, 2012 CNS-SCN Annual Meeting (Poster Presentation), The Westin Bayshore, Vancouver BC, May 23-26.



- S. Setayeshgar, S.J. Whiting and H. Vatanparast, 2012. Abdominal Obesity and High Consumption of Sugar-sweetened Beverages are Associated with the Risk of Elevated Atherogenic Plasma Lipids among Canadian, Canadian Society of Epidemiology and Biostatistics, National Student Conference (Poster Presentation), University of Saskatchewan, Saskatoon SK, May 13-14.
- H. Vatanparast, C. Henry, C.J. Phinney, M. Khakpour and A. Falihi, 2012. Cultural Competence in Dietetics Education: A Service Learning Project, Canadian Alliance for Community Service Learning Conference 2012 (Oral Presentation), Impact of Community Engagement, Saskatoon SK, May 10-12.
- S. Setayeshgar, S.J. Whiting and H. Vatanparast, 2012. Abdominal Obesity and High Consumption of Sugar-sweetened Beverages are Associated with the Risk of Elevated Atherogenic Plasma Lipids among Canadian Women, 19<sup>th</sup> Annual Life and Health Sciences Research Day (first place award was given for poster presentation in Food Science and Nutrition Group), University of Saskatchewan, Saskatoon SK, March 9.
- H. Vatanparast, M. Khakpour, C. Nisbet, G. Pirro and C. Henry, 2011. Food Security Status of Newcomer Families from Research to Intervention, A Model for Collaboration Between Research, Policy and Service Sectors, Prairie Metropolis Center (Oral Presentation), Edmonton AB, November.
- C. Nisbet and H. Vatanparast, 2011. How Healthy are Newcomer Children? A Comprehensive Study on the Health Status of Newcomer Children, Prairie Metropolis Center, Edmonton AB, November.
- H. Vatanparast and C. Nisbet, 2011. Vitamin D Insufficiency and Bone Mineral Status in Newcomer Immigrant and Refugee Children to Canada, An Emerging Public Health Problem, American Society of Bone Mineral Research, San Diego CA, September 16-20.
- Z. Sabbagh, J. Markland and H. Vatanparast, 2011. Do Patients with Autoimmune Rheumatic Diseases have Optimal Vitamin D Status, and How it is Associated with Disease Activity?, Canadian Society of Internal Medicine Annual Scientific Meeting, Halifax NS, October 12-15.
- S. Setayeshgar, S.J. Whiting and H. Vatanparast, 2011. How Healthy is the Beverage Consumption of the Elderly Canadians compared to Adults?, RDC Conference "Coming of Age: The Policy Impact of an Aging Population" (Poster Presentation), Sutton Place Hotel, Edmonton AB, October.
- S. Setayeshgar, S.J. Whiting and H. Vatanparast, 2011. How Healthy is the Beverage

Consumption of Canadians?, Health Data Users Conference (Poster Presentation), Ottawa Convention Centre, Ottawa ON, September.

- S. Whiting, K. Langlois, H. Vatanparast and L. Greene-Finestone, 2011. The Vitamin D Status of Canadians Relative to the New Dietary Reference Intakes: Are Supplements Necessary to Achieve 25 Hydroxyvitamin D Levels of 50 nmol/L in Children and Adults?, 3<sup>rd</sup> North American Congress of Epidemiology, Montreal QC, June 21-24.
- C. Nisbet and H. Vatanparast, 2011. Dietary Acculturation and Obesity in Newcomer Children to Canada, An Emerging Health Problem, The Canadian Nutrition Society Annual Conference, Guelph ON, June 2-4, Applied Physiology, Nutrition and Metabolism Journal.
- G.M. Neil and H. Vatanparast, 2011. Trends in Availability of Caloric Beverages for Consumption in the Last Four Decades, A Comparative Study between Canada and the United States, Canadian Nutrition Society Annual Meeting, Guelph ON, June 2-4, Applied Physiology, Nutrition and Metabolism Journal.
- S. Dadgar and H. Vatanparast, 2011. Trends in the Availability of Meat and Alternatives Consumption within the Last Three Decades, A Comparative Study in Canada and the United States, The Canadian Nutrition Society Annual Conference, Guelph ON, June 2-4, Applied Physiology, Nutrition and Metabolism Journal.
- C. Nisbet and H. Vatanparast, 2011. Alarming Prevalence of Vitamin D Insufficiency among Immigrant and Refugee Children in Canada, Consideration for Action, Proceedings of The 1<sup>st</sup> Global Congress for Consensus in Pediatrics and Child Health, Paris, France, February 17-20.
- C. Nisbet and H. Vatanparast, 2011. Is Food Security Status of Newcomer Immigrant and Refugee Families Underestimated? Promoting Health Equity: Action on the Social Determinants of Health (Oral Presentation), Canadian Food Security Centre, Ryerson University, Toronto ON, February 11-12.
- P. Chilibeck, H. Vatanparast, R. Pierson, A. Case, S. Whiting, O. Olatunbosun, H.J. Biem and P. Pahwa, 2010. Reduction in Risk Factors for Falls through Exercise Training and Isoflavone Supplementation (Podium Presentation), The Saskatoon Falls Prevention Consortium.
- P.D. Chilibeck, H. Vatanparast, R. Pierson, A. Case, S. Whiting, O. Olatunbosun, J. Biem, P. Pahwa and T. Beck, 2010. The Effect of Exercise Training Combined with Soy Isoflavone Supplementation on Bone in Postmenopausal Women, Canadian Society for Exercise Physiology Annual Conference.

- H. Vatanparast, A. Hossain, E. Kang, A. Merchant and S. Whiting, 2010. Patterns of Grain Product Consumption, A Canadian Perspective, Canadian Nutrition Society Annual Conference, Edmonton AB, June 2-5.
- H. Vatanparast, A. Hossain, E. Kang, A. Merchant and S. Whiting, 2010. The Association between Refined-grain Consumption and BMI in Canadian Adults, Canadian Nutrition Society Annual Conference, Edmont AB, June 2-5.
- A. Danyliw, N. Nikpartow, S. Whiting and H. Vatanparast, 2010. Beverage Intake of Canadian Children 2-18y and its Relationship to Body Mass Index, Canadian Nutrition Society Annual Conference, Edmonton AB, June 2-5.
- N. Nikpartow, A. Danyliw, S. Whiting, H. Lim and H. Vatanparast, 2010. The Association between Beverage Intake and Obesity among Canadian Adults, Canadian Nutrition Society Annual Conference, Edmonton AB, June 2-5.
- H. Vatanparast, 2010. Nutrition and Health Issues among Newcomer Children in Saskatchewan, Immigrant Research Forum, Advanced Education, Employment and Immigration Ministry in Saskatchewan, Saskatoon SK, June.
- A. Danyliw, N. Nikpartow, S. Whiting and H. Vatanparast, 2010. Beverage Intake of Canadian Children 2-18y and its Relationship to Body Mass Index, Annual Life and Health Sciences Research Day, University of Saskatchewan, March 12.
- N. Nikpartow, A. Danyliw, S. Whiting, H. Lim and H. Vatanparast, 2010. The Association between Beverage Intake and Overweight and Obesity among Canadian Adults, Annual Life and Health Sciences Research Day, University of Saskatchewan, March 12.
- S. Abeysekara, P. Chilibeck, H. Vatanparast and G. Zello, 2010. Effects of a Pulse based-diet and Exercise on Glucose and Insulin in Older Adults, Annual Life and Health Sciences Research Day, University of Saskatchewan, March 12.
- H. Vatanparast, T.J. Green, M.S. Calvo and S.J. Whiting, 2009. Despite Mandatory Fortification of Staple Foods, Vitamin D Intakes of Canadian Children and Adults are Inadequate, The American Public Health Association's (APHA) 137<sup>th</sup> Annual Meeting and Exposition (Oral Presentation), Philadelphia PA, November 7-11.
- H. Vatanparast and S. Whiting, 2009. The Impact of Supplement Use on Calcium and Vitamin D Intake of Canadian Adults; Data from the Canadian Community Health Survey Cycle 2.2, Health Statistics Data Users Conference, Ottawa, September 21-22.

- H. Vatanparast, T.J. Green, M.S. Calvo and S.J. Whiting, 2009. Many Canadian Older Adults do not Meet the Recommendation of Calcium and Vitamin D Intake, American Bone and Mineral Research 31<sup>st</sup> Annual Meeting, September 11-15.
- C.B. Bennett, G.A. Zello, T. Barss, I. Oroz, H. Vatanparast, A. Vandenberg and P.D. Chilibeck, 2009. Low Glycemic Index Pre-exercise Meals Effects on Metabolism during Consecutive Soccer Matches, Exercise Physiologists of Western Canada Conference, Winnipeg MB, summer.
- H. Vatanparast and S. Whiting, 2009. Factors Associated with Vitamin/mineral Supplement Use by Canadians, Oral Presentation in the Proceedings of the Canadian Public Health Association 2009 Annual Conference, Winnipeg MB, June 7-10.
- N. Nikparto, S. Shah, H. Vatanparast and S. Whiting, 2009. Smoking and Obesity in Canadian Women, Proceedings of the Canadian Public Health Association 2009 Annual Conference, Winnipeg, June 7-10.
- A. Danyliw, H. Vatanparast and A. Whiting. Comparison of Canadian Children's Soft Drink and Milk Consumption in 2004 to that of American Children in 1994-1996 and 1998, Proceedings of the Canadian Public Health Association 2009 Annual Conference, Winnipeg MB, June 7-10.
- C. Bennett, G. Zello, T. Barss, H. Vatanparast, S. Abeysekara, I. Oroz, A. Vandenberg and P. Chilibeck, 2009. The Effects of Pre-exercise Meals of Low and High Glycemic Index on Soccer Tournament Performance, Proceedings of the Canadian Society of Nutritional Sciences Annual Symposium, June.
- H. Vatanparast, S. Duff, J. Little, D. Cornish, S. Cornish, A. Case, L. Paus-Jenssen, H.J. Biem and P.D. Chilibeck, 2008. Influence of Amount and Intensity of Physical Activity on Blood Lipid Profile and DXA-derived Fat Mass Measures in Postmenopausal Women, Proceeding of 2nd Annual Exercise Physiologists of Western Canada Conference (3<sup>rd</sup> place), Saskatoon SK, October.
- E. Rafeemanesh, H. Vatanparast, O. Aminian, A. Sharifian and M. Abbasi, 2008. Serum Hepatic Biochemical Activity in Workers Exposed to Styrene in a Plastic Processing Industry, Iran, Oral Presentation, Proceedings of the Sixth International Symposium – Public Health and the Agricultural Rural System, Saskatoon SK, October 19-23.
- A. Sadeghi, H. Vatanparast, A. Jaberi, A. Mahvi and M. Hosseinzadeh, 2008. Microbial and Chemical Contamination of Wwimming Pools and the Prevalence of Related Diseases in Swimmers, Mashhad, Iran, Proceedings of the Sixth International Symposium – Public Health and the Agricultural Rural System, Saskatoon SK, October 19-23.

- H. Vatanparast, T. Green, M. Calvo and S.J. Whiting, 2008. Using the CCHS Data to Answer Important Questions about Nutrient Intakes of Canadians: Case study of vitamin D, Oral Presentation at the Sixth International Symposium (Proceedings) – Public Health and the Agricultural Rural System, Saskatoon SK, October 19-23.
- H. Vatanparast, S. Duff S, J. Little, D. Cornish, S. Cornish, A. Case, L. Paus-Jenssen, H.J. Biem and P.D. Chilibeck, 2008. Influence of Amount and Intensity of Physical Activity on Blood Lipid Profile and Dxa-derived Fat Mass Measures in Postmenopausal Women, Proceedings of 2nd Annual Exercise Physiologists of Western Canada Conference (3<sup>rd</sup> Place), Saskatoon SK, October.
- S.M. Shah, H. Vatanparast and S.J. Whiting, 2008. Self-reported Hypertension among Canadian: Disparity Across Gender, Accepted for Oral Presentation, Canadian Cardiovascular Congress (CCC), Toronto ON, October 25-29.
- S. Whiting, J. Adolphe, J. Taylor and H. Vatanparast, 2009. Barriers to Healthy Eating and Vitamin/mineral Supplement Use Identified by Focus Group Participants in Saskatoon, Proceedings of Dietetic Research Event, Canadian Foundation for Dietetic Research, Winnipeg MB, June 12-14.
- H. Vatanparast, T. Green, M. Calvo and S.J. Whiting, 2008. Despite Mandatory Fortification of Staple Foods, Vitamin D Intakes of Canadian Children and Adults Are Inadequate, Proceedings of the CSCN-CSNS Joint Annual Scientific Meeting, Toronto ON, May 29-31.
- H. Vatanparast, P. Chilibeck and S. Whiting, 2008. Associations Between Calcium Intake, Dxa-derived Fat Mass Measures and Blood Lipid Profile in Postmenopausal Women, Proceedings of the CSCN-CSNS Joint Annual Scientific Meeting, Toronto ON, May 29-31.
- H. Vatanparast and P.D. Chilibeck, 2008. How Useful Are Bone Measures from a Quantitative Ultrasound Device as a Screening Tool in Postmenopausal Women?, Proceedings of the 15<sup>th</sup> Life and Health Science Research Day, University of Saskatchewan, March 14.
- H. Vatanparast, C. Henry, S.M. Shah and S. Whiting, 2007. Patterns of Beverage Intakes of Canadian Children: Evidence for a Negative Trend in Calcium Intake Due to Substitution of Milk by Non-carbonated Soft Drinks in Grade 9 Female Students Living in Saskatoon, Prevention Matters Conference, Saskatoon SK, October 22-24.
- S.M. Shah, S.J. Whiting, H. Vatanparast, N. Muhajarine and A. Merchant, 2007. Gender-specific Disparities in Overweight and Obesity among Canadian Youth,

Proceedings of the International Congress on Physical Activity & Obesity in Children, Toronto ON, June 24-27.

- H. Vatanparast, S.J. Whiting and S.M. Shah, 2007. Trends in Beverage Intake of Canadians Within Last Three Decades: Are They Similar to the Trend in the United States?, Proceedings of Canadian Nutrition Congress, Winnipeg MB, June 18-21.
- J. Moskal, S. Cornish, P.D. Chilibeck and H. Vatanparast, 2007. Relationship Between Protein Intake and Lean Body Mass in Young Adults, Proceedings of Canadian Nutrition Congress, Winnipeg MB, June 18-21.
- S.M. Cornish, P.D. Chilibeck, L. Paus-Jenssen, H.J. Biem, T.T. Khozani, V. Senanayake, J. Little and H. Vatanparast, 2007. The Effects of Flaxseed Lignan and Exercise Training on a Composite Score of Metabolic Syndrome in Older Adults, Presented at the Exercise Physiologists of Western Canada Annual Conference, Calgary AB, August. (the abstract was awarded the First Place prize for its category at the conference).
- H. Vatanparast, S. Whiting and S.M. Shah, 2007. Trends in Beverages Intake of Canadians Within Last Three Decades; Are They Similar to the Trend in the United States?, Proceedings of the Canadian Nutrition Congress, Winnipeg, June 18-21.
- H. Vatanparast, S. Whiting, D.A. Bailey and A. Baxter-Jones, 2007. The Calcium Requirements of North American Adolescents as Determined from Calcium Accrual of the University of Saskatchewan Pediatric Bone Mineral Accrual Study, The NIH Young Investigator Award Winner at the 4<sup>th</sup> International Conference on Children's Bone Health, Montreal QC, June 21-24, *Bone*, 40,6, S83-S83.
- H. Vatanparast, J. Little, S. Duff, D. Cornish, S. Cornish, L. Paus-Jenssen, A. Case, H.J. Biem and P.D. Chilibeck P.D., 2007. Association of DXA-derived fat mass indices and anthropometry with blood lipid profile in postmenopausal women, Presented at the American College of Sports Medicine 54<sup>th</sup> Annual Meeting, Louisiana USA, May 30-June 2, Medicine and Science in Sports and Exercise, 39(5) Supplement.
- S. Duff, H. Vatanparast, J. Little, D. Cornish, S. Cornish, A. Case, L. Paus-Jenssen, H.J. Biem and P.D. Chilibeck P.D., 2007. Influence of amount and intensity of physical activity on blood lipid profile in postmenopausal women, Presented at the American College of Sports Medicine 54<sup>th</sup> Annual Meeting, Louisiana USA, May 30-June 2, Louisiana, Medicine and Science in Sports and Exercise, 39(5) Supplement.
- H. Vatanparast, S. Whiting, R.A. Faulkner, R.L. Mirwald, D.A. Bailey and A. Baxter-Jones, 2006. A 14-year Longitudinal Study of the Relationship of Peri-adolescent Calcium and Protein Intakes, and Vegetables and Fruit Consumption to Adult Bone Mineral Content, Osteoporosis International, 17, Suppl. 2, S149.

- H. Vatanparast and S. Whiting, 2006. Changes in Food Sources and Intake of Calcium from Childhood to Early Adulthood in the University of Saskatchewan Pediatric Bone Mineral Accrual Stud, Osteoporosis International, 17, Suppl. 2, S38.
- H. Vatanparast, S. Whiting, A. Baxter-Jones, R. Faulkner and D. Bailey, 2006. The Effect of Protein Intake with Bone Mineral Mass Achievement of Young Adults Having Adequate Calcium Consumption, in the Three Year Follow-up of the University of Saskatchewan Pediatric Bone Mineral Accrual Study, Proceedings of the University of Saskatchewan Thirteen Annual Life and Health Science Student Research Conference, Appl Physiol Nutr Metab, 31, 362.
- H. Vatanparast, S. Whiting, A. Baxter-Jones, R. Faulkner and D. Bailey, 2005. The Positive Effects of Calcium Intake and Vegetable and Fruit Consumption on Bone Mineral Accrual of Boys During Growth from Childhood to Adolescence in the University of Saskatchewan Pediatric Bone Mineral Accrual Study, Proceedings of the Canadian Federation of Biological Societies (CFBS).
- H. Vatanparast, E. Lo, C. Henry and S. Whiting, 2005. Trends of Beverage Intake from 1991-2004 in Grade 9 Students Living in Saskatoon Show Substitution of Milk by Non-carbonated Soft Drinks, Proceedings of the Canadian Federation of Biological Societies (CFBS).
- C. Henry, S. Whiting, R. Coles, E. Lo, H. Vatanparast, L. Humbert and L. Powloski, 2005. Encouraging Healthy Nutrition Choices: Nutrition Education for Adolescents-results and Perspectives, Canadian Journal of Dietetic Practice and Research Summer 2005 Supplement.
- H. Vatanparast, 2003. Globalization and Nutrition Transition, an Emerging Health Problem in the World, Proceedings of the Change in Climate Conference, University of Saskatchewan.
- H. Vatanparast, 2000. ISO 9000 in Public Health Service, Proceedings of the National Congress on Quality Management of Health Care System, Iranian Ministry of Health and Medical Education.
- H. Vatanparast, G. Khodaei and H. Norbakhsh, 1997. Epidemiology of Cancer Diseases in Khorasan Province, Proceedings of the First National Congress on Health System Research.
- H. Vatanparast, M. Parizad and H. Mirshahi, 1997. Epidemiology of Diabetes Mellitus in Khorasan Province, Journal of Nursing, Mashhad University of Medical Sciences Publication, 4, 30-33.

H. Vatanparast, M. Parizad and N. Hezareh, 1996. Epidemiology of Tuberculosis in Khorasan Province, Proceedings of the National Congress on Tuberculosis, Iran.

H. Vatanparast, 1995. Comparison Between Human Skulls, Today and 3000 Years Ago, Proceedings of the National Congress on Anatomy, Iran.

16. TECHNICAL REPORTS RELEVANT TO ACADEMIC FIELD:

C.J. Henry, H. Vatanparast, S.J. Whiting and G.A. Zello, 2012. Report on Contribution of Milk to Overall Nutrient Intake for School-aged Children, Dairy Farmers of Canada, March 1.

H. Vatanparast and S. Whiting, 2010. Report on the Safety of Enriching Eggs with Vitamin D, Nutriagroup, Abbotsford BC, May 4.

H. Vatanparast, A. Hossein, E. Kang and S. Whiting, 2010. Dietary Exposure of Canadians to Food Grains and Sees, The Canaryseed Development Commission of Saskatchewan, Saskatoon SK, March 31.

S.J. Whiting, J. Adolphe and H. Vatanparast, 2009. Vitamin/Mineral Supplement Use is Influenced by Socioeconomic Factors, Dietitians of Canada Current Issues.

17. BOOK REVIEWS:

Nil

18. INVITED LECTURES OUTSIDE U of S AND INVITED CONFERENCE PRESENTATIONS:

H. Vatanparast 2013. Migration and Health, a Global Perspective. United Arab Emirate University, Oct 22, 2013.

H. Vatanparast 2013. Calcium and Cardiovascular Risk, Where is the Evidence? Shiraz University of Medical Science. October 19, 2013.

H. Vatanparast 2013. Vitamin D and Autoimmune Diseases, an Examination of Evidence. Mashhad University of Medical Sciences, October 15, 2013.

H. Vatanparast 2013. How healthy are new Canadians? Current evidence from research to policy. Western Consortium on Integration, Citizenship and Cohesion Conference. Calgary, March 8-10.

H. Vatanparast 2013. Linking Immigrants with Nutrition Knowledge. Dietitians Canada Educators Conference, Victoria BC, June 11, 2013



- H. Vatanparast, 2012. Calcium and Cardiovascular Disease: Review of Recent Reports, The Canadian Nutrition Society Annual Conference, Guelph ON, May 23-26.
- H. Vatanparast, 2012. Socio-economic Barriers Toward healthful Eating and Supplement Use in Canada, The Canadian Nutrition Society Annual Conference, Vancouver, BC, May 23-26.
- H. Vatanparast, 2012. Contribution of Milk to Overall Nutrient Intake for School-aged Children, School Nutrition Program National Conference, Montreal QC, May 11-12.
- H. Vatanparast, 2012. Vitamin D Status among Rheumatology Outpatients: Do We Take it Seriously?, Vitamin D Research Day, EndMS Research and Training Network, Vancouver BC, January 31.
- H. Vatanparast, 2012. Health and Nutrition Issues in Immigrant and Refugee Newcomer Children, 14<sup>th</sup> National Metropolis Conference, Toronto ON, February 29-March 3.
- H. Vatanparast, 2012. Health Status of Newcomer Immigrant and Refugees, Saskatchewan Ministry of Health, Health Promotion Department, February 28.
- H. Vatanparast, 2011. Food Security Status of Newcomer Families from Research to Intervention, A Model for Collaboration Between Research, Policy and Service Sectors, Prairie Metropolis Center, Edmonton AB, November.
- H. Vatanparast, 2011. Chair, Symposium on Health Status of Immigrant and Refugees, The Canadian Nutrition Society Annual Conference, Guelph ON, June 2-4.
- H. Vatanparast, 2009. Food Security Status of Saskatchewan Residents, Growing Together in Saskatchewan, Moose Jaw, October 2.
- H. Vatanparast, 2009. Health and Nutrition Issues among Immigrant Children, Prairies Metropolis Center Annual Workshop, Saskatoon SK, September 28.
- H. Vatanparast, 2009. The Impact of Nutrition on Bone Form Childhood to Early Adulthood, A Canadian Perspective, Iran University, Tehran, Iran, July 22.
- H. Vatanparast, J. Dolega-Cieszkowski and S. Whiting, 2009. Many Adult Canadians are not Meeting Current Calcium Recommendations from Food and Supplement Intake, Data from Canadian Nutrition Survey (1970-1972), Provincial Nutrition Surveys (1990s) and Canadian Community Health Cycle 2.2 (2004), Second CCHS 2.2 Symposium, Quebec City, May 29.

S. Whiting and H. Vatanparast, 2006. Beverage Intakes and Adolescent Health". Research Group Meeting, Brazil School of Health and University of Saskatchewan Partnership, Saskatoon SK, October 25.

C. Henry and H. Vatanparast H. "Complementary Role of Nutrition in Cancer Therapy". Proceedings from the 31<sup>st</sup> Caribbean Regional Conference on Nutrition & Dietetics: Emerging Areas of Interest in Nutrition and Dietetics Jamaica W.I. 2005; July 2-5.

H. Vatanparast, 2005. Nutrition for Bone and Body Health in Fall Prevention and Check-up Forum, Osteoporosis Canada, Saskatoon Chapter.

19. PRESENTATIONS AT CONFERENCE (NON-INVITED):

H. Vatanparast. 2013. How healthy are newcomer children in Canada? An evaluation of nutrition and health stats of newcomer children. North American Refugee Health Conference, June 6-8, Toronto. Oral presentation.

H. Vatanparast (Workshop organizer, presenter), B. Newbold, M. Coke, G. Lane. 2013. Health Status of New Canadians: an Emerging Public Health Concern. 15 National Metropolises Conference. Ottawa March 14-16.

H. Vatanparast, (Symposium organizer). Advancing Public Health Nutrition Research", January 17 and 18, 2013 in Saskatoon.

H. Vatanparast and S. Whiting, 2009. Factors Associated with Vitamin/Mineral Supplement Use by Canadians, Oral Presentation, Canadian Public Health Association Annual Conference, Winnipeg MB, June 7-10.

20. PATENTS GRANTED OR PENDING:

Nil

21. RESEARCH GRANT INFORMATION:

S. Whiting and H. Vatanparast. Association Between Dietary Intakes and Cardiovascular Risk of Canadians Using the Canadian Health Measures Survey Cycles 1+2. Dairy Farmers of Canada, \$100,000, January 2014-January 2017.

C. Henry (PI), H. Vatanparast, S. Whiting, G. Zello; Assessing children's preference for reduced sugar chocolate milk as a milk option in elementary schools in Saskatoon. Dairy Farmers of Canada, \$60,000, September 2013-September 2014.

- H. Vatanparast (PI), S. Ewen, A. Lahiji. Voices in Vision, Examining Youth's Perspectives of their Ethnocultural Food Environments in Saskatoon. SHHRC President Award, \$ 6000, January 2013-January 2014.
- Gauthier, R (PI); Leis, A. Belanger, M; Henry, C; Humbert, L , Vatanparast H; Muhajarine, N; Healthy Start/ Départ Santé: A multilevel intervention to increase physical activity young among children (ages 3 to 5) attending childcare centres and pre-Kindergarten programs in Saskatchewan and New Brunswick. Public Health Agency of Canada (PHAC, Total Funding: 1200000 (Canadian dollar) January 2012-January 2017.
- R. Engler-Stringer, N. Muhajarine, S. Abonyi, C. Neudorf, H. Vatanparast, R. Walker, S. Whiting. The Good Food Junction: A Community-Based Food Intervention to Reduce Nutritional Health Inequities. Canadian Institutes for Health Research, \$200,000, April 2013 to April 2015.
- H. Vatanparast. Public Health Nutrition Network Conference January 16-17, 2013. \$2500. University Of Saskatchewan.
- J. Hoover, G. Uswak, H. Vatanparast, Oral Health Status of Recent Immigrant/refugee Children in Saskatchewan, Canada, College of Dentistry, University of Saskatchewan, \$20,000, June 2012-June 2013
- H. Vatanparast (PI) , B. Gushulak, Z. Abdollahi, R. Sheikholeslam, M. Koc, A. Falihi, M. Hajifaraji, A. Rashidi, L. Wong, J. White, R. Engler-Stringer, J. Garcia, C. Henry. J. Moraros, The Impact of Socio-economic and Cultural Factors on Household Food Insecurity of Refugees: a Comparative Study of Afghan Refugees Resided in Iran and Canada, Social Sciences and Humanities Research Council, \$192, 213, March 2012 to March 2014
- H. Vatanparast (PI), Nutritional Health of Immigrant and Refugee Children in Regina, Ministry of Advanced Education, Employment and Immigration, \$25,000, March 2012-March 2014
- J.L. Black (PI), E.G. Chapman, H. Vatanparast, S. Carten, A. Rojas, What Shapes Food Practices on School Days? Examining the Food Environment In and Around Secondary Schools, Canadian Institute of Health Research, \$293,994, September 2011-September 2014
- H. Vatanparast, Our responsibility: Healthy Welcoming Community for Newcomer Children, CIHR Café Scientifique Program, \$3,000, September 2011

- H. Vatanparast, Summer Research Student, USTEP, Carly Phinney and Garrett Neil, \$ 6,000, Summer 2011
- H. Vatanparast, Summer Research Student, Bone Imaging Group, Garrett Neil, \$4,000 , Summer 2011
- H. Vatanparast, Student Summer Work, Government of Saskatchewan, Carly Phinney, \$3,000, Summer 2011
- H. Vatanparast and C. Nisbet. Nutrition and Health Status of Newcomer Children. Loblaws, \$5,000, June 2011-June 2012
- H. Vatanparast (PI) and C. Henry, Link: Healthy Food-Healthy Newcomer Family, Government of Saskatchewan, Ministry of Advanced Education, Employment and Immigration. \$25,000, March 2011-March 2012
- Baxter-Jones *et al.*, Bone Imaging Group. Team Development Grant, Phase 2, Saskatchewan Health Research Foundation, \$200,000
- C. Henry (P.I), H. Vatanparast (Co-PI), Factors Influencing Dietary Practices of Indigenous/Aboriginal Peoples in Saskatchewan, Canada and in Northern Brazil, Global Partners III, \$15,000 Partnership: College of Pharmacy and Nutrition, and School of Public Health, Human Resource Management, U of S, and Wanuskewen, SK and Department of Nutrition – UFPE - C.A.V - Universidade Federal de Pernambuco - Centro Acadêmico de Vitória, Brazil
- C. Henry (PI), H. Vatanparast, S. Whiting, G. Zello; Chocolate Milk: Contributions to Overall Nutrient Intake for School-aged Children, Dairy Farmers of Canada, \$100,000, May 2011-May 2012
- H. Vatanparast (PI). Nutrition and health issues among recent immigrant and refugee children in Saskatoon, Saskatchewan. Saskatchewan Health Research Foundation. Awarded total amount: \$ 79,471, September 2010-September 2012
- H. Vatanparast (Principal Investigator), Determinants of Food Security in Immigrants Living in Saskatoon, Saskatchewan, Canada, President's SSHRC, \$5,000, November 2010-November 2011
- H. Vatanparast (Principal Investigator), L. Zong, R. Engler-Stringer, C. Henry, S. Whiting, R. Shikoleslam, K. Samadpour and F. Salehi, Socio-economic and Cultural Determinants of Food Security among Refugee Families, A Comparative Study in Iran and Canada, Social Sciences and Humanities Research Council of Canada (SSHRC) IOF, \$25,000, March 2010-March 2011

- H. Vatanparast (Principal Investigator), L. Zong and S. Whiting, Nutrition and Health Issues among Newcomer Children in Saskatchewan, Prairies Metropolis Center, \$22,000, January 2010-December 2011
- A. Baxter-Jones (Principal Investigator), C. Arnold, D. Bailey, H. Vatanparast, A. Bowen, D. Chapman, M. Copete, P. Chilibeck, D. Cooper, J. Farthing, P. Gomes, N. Gyurcsik, G. Johnston, J.D. Johnston, S. Kontulainen, S. Kim, A. Lieverse, W.P. Olszynski, C. Rodgers, A. Rosenberg, Bone and Joint Imaging Group, Saskatchewan Health Research Foundation Program Research Group Development Grant, \$100,000, April 2009-April 2011
- H. Vatanparast, Nutrition and Health Issues among Newcomer Children in Saskatchewan, College of Pharmacy and Nutrition Irwin Internal Grant, \$6,000, March 2009
- H. Vatanparast and S. Whiting, Dietary Exposure to Food Grains and Seeds, Partnership with Seed Industry, \$24,500, January 2009-January 2010
- S. Kontulainen (Principal Investigator), A. Baxter-Jones, H. Vatanparast, D. Leswick, D. Cooper, J. James, Revealing the Role of Adolescent Growth, Bone Accrual and Physical Activity to Adult Bone Strength at the Wrist and Hip, Canadian Institute of Health Research, \$154,882, June 2009-June 2011
- H. Vatanparast, University of Saskatchewan Startup Fund, \$15,000, January 2009-January 2013
- S.J. Whiting, S.M. Shah and H. Vatanparast, Beverage Consumption of Canadians in Relation to Chronic Disease Prevention: An Analysis of the Canadian Community Health Survey, Cycle 2.2 Nutrition Data, Canadian Institute of Health Research, \$94,000, 2007-2009
- S.J. Whiting, S.M. Shah and H. Vatanparast, Analysis of Nutrient and Food Intake of Canadian Children in Relation to Chronic Disease Prevention using Data from Canadian Community Health Survey (CCHS) Cycle 2.2 on Nutrition, Canadian Institute of Health Research, \$49,967, 2006
- S.J. Whiting, J. Taylor, H. Vatanparast and J. Dunne, The Use of Vitamin and Mineral Supplements in Canada: Identification of Nutritionally Vulnerable Groups For Whom Supplement Use May Be Warranted, Canadian Foundation for Dietetic Research, \$50,035, 2006-2008

FUNDING FOR POSTDOCTORAL FELLOWS, GRADUATE AND UNDERGRADUATE RESEARCH STUDENTS:

Naghmeh Mirhossini, Postdoctoral Fellow. Research Project: Bone and Arterial Mineralization in Vitamin D Excess Versus Deficiency, CIHR-TRUST

Adel Panahi, PhD Student. College of Pharmacy & Nutrition Graduate Award. 2013-14

Elham Zeininezad-Movassagh, Ph.D. Student, University of Saskatchewan Dean's Scholarship, \$60,000, September 2012-September 2015.

Gena Ingold, Undergraduate Summer Research Student, USTEP, \$4,000, Summer 2013

Caitlin Peiris, Summer Research Student, USTEP, \$2,000, Summer 2013

Caitlin Peiris, Saskatchewan Summer Student Work, \$3000, Government of Saskatchewan. Summer 2013

Solmaz Setayeshgar, Government of Saskatchewan Student Innovation Award, Summer 2013- \$10,000

Elham Zeininezad-Movassagh, Government of Saskatchewan Student Innovation Award, Summer 2013- \$10,000

Dania Alrefai, Saudi Arabia International Students Affaires. \$5000. 2012-2013

Amirmohsen Behjat, Ph.D. Student, SHHRC, \$18,000, 2012-2013

Zohreh Setayeshgar, Ph.D. Student, University of Saskatchewan Dean's Scholarship, \$60,000, September 2010-September 2013

Carly Phinney, Undergraduate Summer Research Student, USTEP, \$2,000, Summer 2012

Nikole Jansen, Undergraduate Summer Research Student, USTEP, \$4,000, Summer 2012

Christine Nisbet, Undergraduate Student Summer Work, Government of Saskatchewan, \$3,500, Summer 2012

Carly Phinney, Summer Research Student, USTEP, \$2,000, Summer 2011

Carly Phinney, Student Summer Work, Government of Saskatchewan, \$3,500, Summer 2011

Garrett Neil, Summer Research Student, USTEP, \$4,000, Summer 2011

Garrett Neil, Summer Research Student, Bone Imaging Group, Garrett Neil, \$4,000, Summer 2011

Christine Nisbet. M.Sc. student, Nutrition and Health Status of Newcomer Children,  
Loblaws, \$5,000, June 2011-June 2012

GRANTS APPLIED FOR IN 2010-2013:

H. Vatanparast, D. Sanou et al. Food security challenges for newcomer immigrant and  
refugee families: a comparative study in two urban areas, Ottawa and Saskatoon.  
CIHR \$ 47770

H. Vatanparast, S. Whiting and P. Chilibeck P, Nutritional Epidemiology Data Laboratory:  
Advancing Nutritional Assessment Research to Evaluate Nutritional Status and its  
Relation to Health and Disease Conditions, Canadian Foundation of Innovation,  
\$90,406 (approved in initial Internal Review Process at the U of S, final deadline for  
submission October 2012)

H. Vatanparast *et al.*, Unpacking the nutrition and health issues of newcomer children in  
Canada: A Longitudinal Study, Canadian Institute of Health Research. (Submitted on  
March 2012, rare 3.24, not funded, revision is in progress)

H. Vatanparast, C. Henry, R. Dobson and S. Whitehead, Cultural Competency a Necessary  
Skill for Healthcare Professionals in Canadian Multicultural Society, CIHR Catalyst  
Grant, \$30,000 (submitted on February 2011, not funded)

H. Vatanparast, C. Henry, J. Perepelkin and S. Bell. Food Security Trends and  
Socio-economic Determinants in Immigrant Families, a Canadian Perspective,  
SSHRC Strategic Application, \$75,890 (application date October 4, 2010, rated 4,  
not-funded)

H. Vatanparast, C. Henry, R. Engler-Stringer, J. Garcea, M. Koc, M. Vahabi, R. Sheikholesla, M.  
Hajifaraji, F. Salehi and M. Abdollahi, SSHRC Partnership Development Grant,  
\$210,613 (application November 30, 2010, rated 4A-Good reviews, not funded)

H. Vatanparast. S. Whiting and C. Henry, Role of Chocolate/flavoured Milk in Diet Quality  
and Body Weight in Children and Adolescents, A Canadian Perspective, Dairy  
Farmers of Canada, \$43,817 (application date July 31, 2010, not funded)

H. Vatanparast, L. Racine, C. Henry, J. White, S. Rahimi, J. Garcea, K. Pottie, S. Spurr and M.  
Evans, Healthy Immigrant Family Research Group, Saskatchewan Health Research  
Foundation Group Application, Phase 1, \$60,000, (application date October 1, 2010,  
not funded)

C. Henry, H. Vatanparast, S. Whiting, G. Zello and D. Ramdath, Chocolate Milk: Impact on Diet Quality and Nutrient Intake for School-aged Children, \$100,000 November 2010 (submitted)

22. ARTISTIC EXHIBITIONS, PERFORMANCES OR RELATED ACTIVITIES:

Nil

23. PROFESSIONAL PRACTICE:

JOURNAL REVIEWS:

British Journal of Nutrition, 2012-  
American Journal of Dietetic Association, 2009-  
Journal of Applied Physiology, Nutrition and Metabolism, 2008-  
European Journal of Clinical Nutrition, 2008-  
American Journal of Public Health, 2008-  
American Journal of Nutrition, 2007-

GRANT REVIEWS:

Prairie Metropolis Center (over 28 grant applications reviews per year), 2010-2012  
Dairy Farmers of Canada, 2007

24. CONSULTING WORK UNDERTAKEN:

S. Whiting and H. Vatanparast 2013. The contribution of Meal replacement Products in vitamin D consumption Among Canadians. Ensure, Summer 2013.

H. Vatanparast and S. Whiting, 2010. Report on the Safety of Enriching Eggs with Vitamin D, Nutrigroup, Abbotsford BC, May 4.

H. Vatanparast, A. Hossein, E. Kang and S. Whiting, 2010. Dietary Exposure of Canadian to Food Grains and Seeds, The Canaryseed Development Commission of saskatchewan, Saskatoon SK, March 31.

25. DEPARTMENTAL AND COLLEGE COMMITTEES:

COLLEGE OF PHARMACY AND NUTRITION:

Chair, Public Health Nutrition Research Network, 2011-  
-Organizing Public Health Nutrition Network Conference January 16-17, 2013.  
Transform Us, Active Participation in Nutrition Division Activities, Summer 2013.



Member, Search Subcommittee for Health Quality Improvement Science Chair Position, 2011-2012  
Member, Ad Hoc 3<sup>rd</sup> Integrated Plan Steering Committee, 2011-2012  
Member, Curriculum Subcommittee, Division of Nutrition and Dietetics, 2009-

SCHOOL OF PUBLIC HEALTH:

Chair, Online Teaching Committee, 2012-  
Member, MPH Admission Committee, 2011-  
Member, Ad Hoc Search Committee for Epidemiology Faculty Position, 2011-  
Member, Ad Hoc 3<sup>rd</sup> Integrated Steering Committee, 2011-2012  
Member, Nominations Committee, School of Public Health, 2011-  
Member, Master of Public Health Committee, School of Public Health, 2009-

COLLEGE OF MEDICATE:

Co-chair, Immigrant and Refugee Health Committee, Social Accountability Division, 2012-  
Member, College of Medicine Social Accountability Subcommittee on Migration Health, 2010-

26. UNIVERSITY COMMITTEES:

Member, University of Saskatchewan International Committee, 2011-

27. PROFESSIONAL AND ASSOCIATION OFFICES AND COMMITTEE ACTIVITY OUTSIDE UNIVERSITY:

MEMBERSHIPS:

Editorial Board. Journal of Nutrition and Food Science Research. 2013-

Adjudication Committee, Prairies Metropolis Center for Excellence Research in Immigrant, 2010-2012

Food Secure Saskatchewan, 2009-

Scientific Board, Nutrition, Health and Development Institute, Iran, 200

Canadian Public Health Association, 2008-2009

American Public Health Association, 2008-2009

American Society of Nutrition, 2008-2009

American Society of Bone Mineral Research 2008-2009

Canadian Obesity Network, 2006-2009

Saskatchewan Public Health Association, 2008-2009

Saskatchewan International Medical Graduates (SIMGA), 2006-2009  
 Canadian Society for Nutritional Sciences, 2005-2009

- representing the Society at the Symposium on Nutritional Status of Immigrants in Ottawa, October 2011

Global Health Research Interest Group, 2005-2009  
 Editorial Board of Behvarz Journal (the official journal for public health nurses in Iran, 2000-02  
 Population Lab Study Group at MUMS, 2001-2002

Grant/Award Review Committee, Prairies Metropolis Center, September 2009-  
 Scientific Board, Nutrition, Health and Development Institute, Iran, 2008-2010

28. PUBLIC AND COMMUNITY CONTRIBUTIONS:

UNIVERSITY RELATED:

Interview With Media on Food Security Among Newcomers

Interview with Media on Vitamin D and Rheumatic Diseases, summer 2013

Interview with Media on Vitamin D in Newcomer Children, Summer 2013

Interview with media (CBC Radio and TV, other news website, ethnic news radio programs, etc. on the findings of my research projects related to Health Status of Newcomer Children), 2012

Collaboration with Saskatchewan Francophone Community on Healthy Start Initiative, 2012

Coordinating and moderating the Café Scientifique event on "Our Responsibility, Healthy, Welcoming Community for Newcomer Children, November 2011

Close collaboration with Saskatchewan Intercultural Association, Saskatoon Open Door Society and City of Saskatoon on Linking Immigrants with Nutrition, 2011- Knowledge (LINK Project), undergraduate nutrition students who are taking Nutrition 310.3 course are involved in the project, 2011-

Developing a website on immigration Health (<http://healthyimmigrant.ca/>), 2011

NOT UNIVERSITY RELATED:

Chair, Governance Committee, Board of Directors, Open Door Society, Saskatoon, 2010-2012

Close collaboration with City of Saskatoon with regards to cultural diversity and immigration programs, 2010-

Period Ending June 30, 2012  
Update Recorded November 7, 2012

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Board of Directors, Open Door Society, Saskatoon, 2008-2012

VATANPARAST, Hassanali