

Why the Numbers of Journals Caring about Women's Health are Increasing?

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Historically women's health has been a neglected issue. Only until very recently most of health researchers and health experts were males. As a result, the health issues were traditionally approached according to the perspectives of males who believe that the physiologic, emotional, mental and even spiritual aspects of women's life are specific to them. In this context, specific women's problems were supposed to be restricted to obstetric and gynecologic diseases. However, it is well documented that women are at greater risk for several mental illnesses such as depression, eating disorders, and anxiety. Moreover, about 35% of women have at least one non-communicable disease such as cardiovascular disorder, metabolic syndrome and so on that requires ongoing treatment.

Considering women's substantial role in managing their families' health implied that health of communities and even future generations are tied up to women's health. Thus, in recent decades, women's health in all aspects turns into a hot topic which attracted remarkable worldwide attention from international unions, policy makers and health stakeholders. Although these experiences make women more aware of their rights, the burden of problems is more profound than expected. Besides, different regions, cultures and communities face their own challenges which require particular strategies and unique approach.

All these justifications gave us enough impetus to launch a journal on women's health. In this connection, Health Policy Research Center (HPRC) affiliated to Shiraz

University of Medical Sciences (SUMS), Shiraz, Iran, decided to embark on publishing a new journal entitled Women's Health Bulletin. This Bulletin, attempts to delve deeply into distinct genetic, cultural and life style of not only the Iranians, but also those of Middle Eastern regions. Moreover, Women's Health Bulletin intends to support an environment where scientists, experts, and researchers communicate with each other and share their opinions and experiences.

So, it would be my great pleasure to introduce this peer-reviewed journal to all researchers who are interested in the field of women's health. In addition, Women's Health Bulletin welcomes all types of articles including original articles, reviews, case reports, letters, meeting reports, short communications, and photo clinics on all aspects of women's health with a particular emphasis on its public health aspects.

Despite having to go a long way to attain our ideal, we are highly optimistic to achieve our desired objectives. On behalf of the editorial board of Women's Health Bulletin, I do trust you and your ambition in helping us to make this bulletin one of the most prestigious publication in this field.

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